



TRAINED TO SAVE

LIFEGUARD ACADEMY

The YMCA Lifeguard Academy is a YMCA based leadership development program for teens ages 15 to 18. This program provides teens with extensive leadership training, employment and volunteer opportunities that support YMCA programs and services to the community. Academy participants will have the opportunity to learn valuable skills and training to build confidence and self-esteem in a professional setting. The Academy also encourages leadership development in the area of aquatic safety at the completion of the academy participants will be lifeguard certified. The Y has a rich history of youth programming. Our focus on youth development-the social-emotional, cognitive, and physical processes that all youth uniquely experience from birth to career-helps children and teens learn, grow, and thrive. The Lifeguard Academy is part of this commitment.

Our cause-driven leaders will educate and train participants in the following skills:

- Resume Writing
- Dressing for Interviews
- How to Interview
- How to communicate with an employer
- Creating a Power Statement
- Learn to swim
- Lifeguard Training
- CPR
- First Aid
- Oxygen Administration



Next Session Begins:
November 5 at the
Everett Family YMCA
Register in branch Today!



LEARN MORE AT YMCA-SNOCO.ORG